

# WEEK 3 THIS WEEK'S MENU

W/C. 17/11/2025, 08/12/2025

	OPTION ONE	OPTION TWO	GRAB & GO
<b>MON</b>	<p><b>BURGER BAR</b></p> <p><b>BUN-LESS BURGER BOX</b> with Crispy Potatoes and Salad</p>	<p><b>BURGER BAR</b></p> <p><b>BETROOT AND FETA BURGER</b> with Baked Spiced Wedges and Salad 🍌</p>	<p><b>HOT DISHES:</b> Paninis Pasta and Sauces 🍷 Freshly Baked Pizza Soup and Bread 🍲 Jacket Potato and Toppings 🍌 🍌</p> <p><b>SALADS:</b> Tuna and Sweetcorn Pasta Salad 🍷 Pesto Pasta Salad 🍌 🍷 🍷 Roasted Indian Chickpea Salad 🍌 🍷</p> <p><b>SANDWICHES/BAGUETTES:</b> Egg Salad Sandwich 🍌 Chicken Salad Sandwich 🍷 🍷 Cheese and Pickle Baguette 🍌 Tuna Mayo Baguette BLT Baguette</p> <p><b>WRAPS:</b> BBQ Chicken Wrap 🍷 Chicken Caesar Wrap 🍷 Crunchy Pepper and Houmous Wrap 🍌 🍷</p>
<b>TUE</b>	<p><b>PAN-ASIAN</b></p> <p><b>SWEET THAI CHILLI CHICKEN NOODLES</b> with Salad 🍷</p>	<p><b>PAN-ASIAN</b></p> <p><b>VEGETABLE NOODLE POT</b> with Salad 🍌 🍷</p>	
<b>WED</b>	<p><b>ROAST GLAZED HAM</b> with Roast Potatoes, Vegetables and Gravy</p>	<p><b>ROAST QUORN</b> with Roast Potatoes, Vegetables and Gravy 🍌</p>	
<b>THURS</b>	<p><b>STREET</b></p> <p><b>SRI LANKAN CHICKEN ROTI STIR-FRY</b> with Wholegrain Rice and Vegetables 🍷 🍷</p>	<p><b>STREET</b></p> <p><b>YAKISOBA SOYA NOODLES</b> with Vegetables 🍌 🍷</p>	
<b>FRI</b>	<p><b>FRIDAY FAVOURITES</b></p> <p><b>SOUTHERN FRIED CHICKEN GOUJONS</b> with Chips and Baked Beans or Peas</p>	<p><b>FRIDAY FAVOURITES</b></p> <p><b>CHEESY BEAN BURGER</b> with Chips and Baked Beans or Peas 🍌</p>	

🍌 Vegetarian
🍷 Vegan
🐟 Oily Fish
🌾 Wholegrain
🍷 Nutritionist's Choice

Our menu is subject to change.