

# WEEK 1

# THIS WEEK'S MENU

W/C: 03/11/2025, 24/11/2025, 15/12/2025

	OPTION ONE	OPTION TWO	GRAB & GO
<b>MON</b>	<b>SAUSAGE AND MASH</b> with Vegetables and Gravy	<b>VEGETARIAN SAUSAGE AND MASH</b> with Vegetables and Gravy 	<b>HOT DISHES:</b> Paninis Pasta and Sauces  Freshly Baked Pizza Soup and Bread  Jacket Potato and Toppings  
<b>TUE</b>	<b>BURGER BAR</b> <b>JERK CHICKEN BURGER</b> with Baked Garlic and Herb Wedges and Salad	<b>BURGER BAR</b> <b>BLACK EYED BEAN BURGER</b> with Baked Garlic and Herb Wedges and Salad 	<b>SALADS:</b> Tuna and Sweetcorn Pasta Salad  Pesto Pasta Salad    Roasted Indian Chickpea Salad  
<b>WED</b>	<b>ROAST LOIN OF PORK WITH APPLE SAUCE AND STUFFING</b> with Roast Potatoes, Vegetables and Gravy	<b>ROAST QUORN</b> with Roast Potatoes, Vegetables and Gravy 	<b>SANDWICHES/BAGUETTES:</b> Egg Salad Sandwich  Chicken Salad Sandwich   Cheese and Pickle Baguette  Tuna Mayo Baguette BLT Baguette
<b>THURS</b>	<b>CHILLI CON CARNE</b> with Wholegrain Rice and Vegetables  	<b>VEGAN CHILLI</b> with Wholegrain Rice and Vegetables  	<b>WRAPS:</b> BBQ Chicken Wrap  Chicken Caesar Wrap  Crunchy Pepper and Houmous Wrap  
<b>FRI</b>	<b>FRIDAY FAVOURITES</b> <b>CRISPY CHICKEN KATSU BURGER</b> with Chips and Baked Beans or Peas	<b>FRIDAY FAVOURITES</b> <b>BBQ QUORN BITES</b> with Chips and Baked Beans or Peas 	

 Vegetarian  Vegan  Oily Fish  Wholegrain  Nutritionist's Choice  
Our menu is subject to change.