

Year 7 Curriculum Map 2025– 2026

Autumn and Spring Term Activities

Class	4/9/25 – 19/9/25	22/9/25 – 17/10/25	20/10/25 – 21/11/25	24/11/25 – 19/12/25	5/1/26 – 30/1/26	2/2/26 – 6/3/26	9/3/26 – 3/4/26
7G PE1	X-Country	Netball	Badminton	Football	Rugby	Gymnastics	H&F
7G PE2	X-Country	Netball	H&F	Badminton	Football	Rugby	Gymnastics
7G PE3	X-Country	Football	Gymnastics	Rugby	H&F	Badminton	Indoor Cricket
7G PE4	X-Country	Badminton	Rugby	Football	Gymnastics	H&F	Tennis

Class	4/9/25 – 19/9/25	22/9/25 – 17/10/25	20/10/25 – 21/11/25	24/11/25 – 19/12/25	5/1/26 – 30/1/26	2/2/26 – 6/3/26	9/3/26 – 3/4/26
7T PE1	X-Country	Netball	Gymnastics	Football	Rugby	Badminton	H&F
7T PE2	X-Country	Basketball	H&F	Badminton	Rugby	Football	Gymnastics
7T PE3	X-Country	Football	Badminton	Rugby	Gymnastics	H&F	Tennis

Summer Term Activities

Class	20/4/26 – 15/5/26	18/5/26 – 19/6/26	22/6/26 – 22/7/26
7G PE1	Athletics	Rounders	Tennis
7G PE2	Athletics	Rounders	Tennis
7G PE3	Athletics	Tennis	Rounders
7G PE4	Athletics	Cricket	Rounders

Class	20/4/26 – 15/5/26	18/5/26 – 19/6/26	22/6/26 – 22/7/26
7T PE1	Athletics	Rounders	Tennis
7T PE2	Athletics	Rounders	Tennis
7T PE3	Athletics	Cricket	Rounders

Specific equipment required:

- **All lessons require basic PE kit, trainers & boots**
- **Football** = boots and shin pads
- **Rugby** = boots and mouthguard
- **Hockey** = shin pads, mouthguard and boots

Domain Focus	
Term	Domain Focus
Autumn 1	Head
	Heart
Autumn 2	Hands
	Heart
Spring 1	Hands
	Head
Spring 2	Heart
	Head
Summer 1	Hands
	Heart
Summer 2	Hands
	Head