**Year 7 Curriculum Map 2024 – 2025**

**Autumn and Spring Term Activities**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Class** | **5/9/24 – 20/9/24** | **23/9/24 – 8/11/24** | **11/11/24 – 20/12/24** | **6/1/25 – 14/2/25** | **24/2/25 – 4/4/25** |
| **7G PE1** | X-Country | Games 1 / Badminton | Games 1 / Gymnastics | Games 2 / Tennis | Games 2 / H&F |
| **7G PE2** | X-Country | Games 1 / H&F | Games 1 / Badminton | Games 2 / Gymnastics | Games 2 / Tennis |
| **7G PE3** | X-Country | Games 1 / Tennis | Games 1 / H&F | Games 2 / Badminton | Games 2 / Gymnastics |
| **7G PE4** | X-Country | Games 1 / Gymnastics | Games 1 / Tennis | Games 2 / H&F | Games 2 / Badminton |

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| **Class** | **5/9/24 – 20/9/24** | **23/9/24 – 8/11/24** | **11/11/24 – 20/12/24** | **6/1/25 – 14/2/25** | **24/2/25 – 4/4/25** |
| **7T PE1** | X-Country | Games 1 / Badminton | Games 1 / Gymnastics | Games 2 / Tennis | Games 2 / H&F |
| **7T PE2** | X-Country | Games 1 / H&F | Games 1 / Tennis | Games 2 / Gymnastics | Games 2 / Badminton |
| **7T PE3** | X-Country | Games 1 / Gymnastics | Games 1 / H&F | Games 2 / Badminton | Games 2 / Tennis |

**Summer Term Activities**

**Domain Focus**

|  |  |
| --- | --- |
| **Term** | **Domain Focus** |
| Autumn 1 | Head |
| Heart |
| Autumn 2 | Hands |
| Heart |
| Spring 1 | Hands |
| Head |
| Spring 2 | Heart |
| Head |
| Summer 1 | Hands |
| Heart |
| Summer 2 | Hands |
| Head |

|  |  |  |
| --- | --- | --- |
| **Class** | **21/4/25 – 13/6/25** | **16/6/25 – 23/7/25** |
| **7G PE1** | Athletics (2) / S&F (1) | S&F (1) / Options (2) |
| **7G PE2** | Athletics (2) / S&F (1) | S&F (1) / Options (2) |
| **7G PE3** | Athletics (2) / S&F (1) | S&F (1) / Options (2) |
| **7G PE4** | Athletics (2) / S&F (1) | S&F (1) / Options (2) |

|  |  |  |
| --- | --- | --- |
| **Class** | **21/4/25 – 13/6/25** | **16/6/25 – 23/7/25** |
| **7T PE1** | Athletics (2) / S&F (1) | S&F (1) / Options (2) |
| **7T PE2** | Athletics (2) / S&F (1) | S&F (1) / Options (2) |
| **7T PE3** | Athletics (2) / S&F (1) | S&F (1) / Options (2) |

**Key:**

**Games 1 = invasion games - Football, Netball & Hockey**

**Games 2 = invasion games – Rugby, Football & Hockey**

**Specific equipment required**: **Rugby** = boots and mouthguard, **Hockey** = shin pads, mouthguard and boots, **football** = boots and shin pads